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**Investigate the effect of spiritual health on happiness and hope of the women's athletes****Shirbaigy M<sup>1</sup>, Sarmadi M<sup>2</sup>****Abstract**

**Introduction:** Spiritual health is center of the human health and its effects on the various aspects of life has been considered .so the purpose of this study is to investigate the effect of spiritual health on happiness and hope of the women's athletes.

**Methods:** The method of study is cross-sectional survey. The data-gathering tool consisted of a 3-part questionnaire: Ellison and pollution Spiritual well-being (swbs), Schneider Hope Questionnaire (HQ) and Oxford Happiness Inventory (OHI). Statistical population includes whole of the women's athletes in Kermanshah city, who 147 subjects participated in the study. Analyzing was based on descriptive statistics (mean and standard deviation) and analytical (Pearson correlation coefficient and Self Efficacy Scale (SES).

**Results:** The result of the study showed that average score of spiritual health (78.03), happiness (50.5) and hope (21.3). And there is a significant positive correlation between spiritual health and happiness and hope ( $P \leq 0/01$ ).

**Conclusion:** it seems that there is a significant positive correlation between spiritual health and happiness and life hope, so with planning to increase of the spiritual health of women athletes, their happiness and hope also increased.

**Keywords:** *spiritual health, happiness, hope, women, athletes*

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